

Janitor service

for the elderly in the city
of Stockholm



Help free of charge with certain
everyday chores for those who are 75 years old and above.

Janitor Service

Assistance free of charge for those who are 75 years old or above and living in the city of Stockholm

From the 1st of April 2007, the city of Stockholm offers all residents aged 75 or above assistance free of charge with certain domestic chores, so-called *Janitor Service*.

Who is eligible?

Those living in the city of Stockholm aged 75 years or above may receive help through the janitor service. You are eligible for janitor service even if you already have home help service.

What is the service for?

Janitor service includes simple everyday chores which may be unsafe for elderly people, for example chores involving heavy lifting, climbing a ladder and the like. The aim is to prevent injuries from falling and to provide help with tasks which may be difficult for some elderly people to do. Some examples of what is included in the service:

- Carrying items up or down from the attic or the basement
- Fastening cords
- Replacing light bulbs, fuses and curtains

How much help is available?

You are eligible for 6 hours of janitor service per year and household.

This is not included in the janitor service

The janitor service does not comprise gardening, window cleaning or work requiring some form of authorization. Personal care is not included in the janitor service either.

How to apply for janitor service

Contact your district administration to apply for janitor service.

Addresses and phone numbers of all district administrations in the city can be found on the back of this leaflet.

Some examples of what you may be helped with



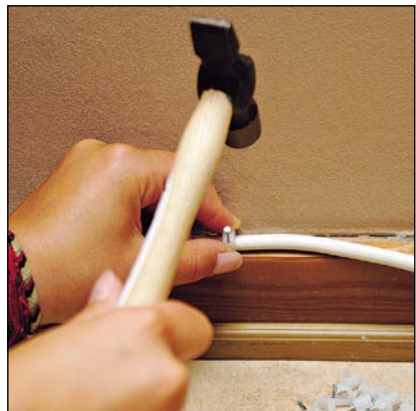
Carrying heavy items



Replacing light bulbs



Replacing/hanging curtains



Fastening cords

Janitor service in brief

- For those who are 75 years old and above and residents in the city of Stockholm
- Help with everyday chores which may be too heavy/risky for the elderly
- Free of charge
- No eligibility trial
- Maximum 6 hours per year and household

District administrations

Bromma

Tunnlandsvägen 95
Tel: 08-508 06 000
Email: bromma@bromma.stockholm.se

Enskede-Årsta-Vantör

Årstavägen 56 A
Tel: 508 14 000
Email: e-post@eav.stockholm.se

Farsta

Lingvägen 100
Tel: 08-508 18 000
Email: farsta@farsta.stockholm.se

Hägersten-Liljeholmen

Telefonvägen 30
Tel: 508 22 000
Email: info@h-l.stockholm.se

Hässelby-Vällingby

Hässelby Torg 20-22
Tel: 08-508 04 000
Email: hasselby-vallingby@hasselby.stockholm.se

Kungsholmen

S:t Eriksgatan 47 A
Tel: 08-508 08 000
Email: kungsholmen@kungsholmen.stockholm.se

Norrmalm

Tulegatan 13
Tel: 08-508 09 000
Email: info@normalm.stockholm.se

Rinkeby-Kista

Fridtjof Nansengången 2
Tel: 08-508 01 000
Email: info@rinkeby-kista.stockholm.se

Skarpnäck

Björkhagsplan 6
Tel: 08-508 15 000
Email: skarpnack@skarpnack.stockholm.se

Skärholmen

Bodholmsplan 2
Tel: 08-508 24 000
Email: skarholmen@skarholmen.stockholm.se

Spånga-Tensta

Tenstagången 55
Tel: 08-508 03 000
Email: stadsdelsnamnden@spanga-tensta.stockholm.se

Södermalm

Göta Ark huset, Medborgarplatsen 25
Tel: 08-508 12 000
Email: info@soder.stockholm.se

Älvsjö

Älvsjö Stationsplan 11
Tel: 08-508 21 000
Email: alvsjostadsdelsnamnd@alvsjo.stockholm.se

Östermalm

Karlavägen 104
Tel: 08-508 10 000
Email: registrator@ostermalm.stockholm.se



ÄLDREFÖRVALTNINGEN (ELDER CARE DEPARTMENT)

www.stockholm.se