

# Selecting long-term care housing



# More options make it easier to select appropriate long-term care housing in Stockholm

**If you qualify for long-term care housing in Stockholm, you may choose where you wish to reside. You may select public (municipal-run) housing or private (business-run) housing for which the municipality has contracted. Your options for this type of housing do *not* include assisted living facilities. Currently, short-term care – and other types of housing tailored for persons with various medical and physical conditions – are not yet available.**

## **Long-term care housing?**

Long-term care housing covers 24/7 service and care; it includes all necessary help that you might need, and you need *not* move from your home if your care needs change.

## **Who qualifies for long-term care housing?**

All – with permanent, comprehensive needs, which home service (*hemtjänst*) cannot fulfill – are entitled to this type of housing. Here, comprehensive means *continuous need* for assistance (physical and mental) – 24/7. The degree of care that you *require* determines if you are entitled to long-term care housing.

## **How do I apply for long-term care housing?**

Get in touch with your city administration office; a counselor/advisor will process your application. See the back cover of this brochure for addresses and phone number.

## **Who makes long-term care housing decisions?**

A counselor in your city administration office will evaluate your application (needs) and then decide if you qualify.

You decide where you want to live. If you qualify for this housing, you may choose where you wish to reside. Your choice must be aligned with the

decision you received from the counselor. The counselor can give you all the information and help you need to select a residence. Visit Stockholm's web site for information on all available housing: [www.stockholm.se](http://www.stockholm.se)

### **Opportunity to be on three waiting lists**

If your preferred residence is fully occupied, then you may put your name on a waiting list for that particular residence. You may be on three waiting lists for three different places at the same time. You will receive an invitation as soon as a unit is available.

### **Guaranteed housing after two months**

If, after two months, you are not offered a unit in your preferred facility, then you will receive an invitation to move into a similar facility. If you accept this invitation, you may still remain on the waiting lists for your original choices. If you already reside in long-term care housing, then you may switch to other housing when a unit is available.

### **Cost?**

Beside rent, you pay for care and food. The amount depends on your pension and capital. A counselor can tell you more about how the amount is calculated. Fees charged by the city are published in a special fees brochure and displayed on the city's web site: [www.stockholm.se](http://www.stockholm.se)

### **Find out more**

Questions about elderly care in Stockholm? Don't hesitate to call *Äldre Direkt* at (08) 80 65 65 or send your questions to: [aldredirekt@service.stockholm.se](mailto:aldredirekt@service.stockholm.se)

# Stadsdelsförvaltningar

## **Bromma**

Box 206, 161 26 Bromma  
Phone 08-508 06 000

## **Rinkeby-Kista**

Box 7049, 167 07 Kista  
Phone 08-508 01 000

## **Enskede-Årsta-Vantör**

Box 81, 121 22 Johanneshov  
Phone 08-508 14 000

## **Skarpnäck**

Box 5117, 121 17 Johanneshov  
Phone 08-508 15 000

## **Farsta**

Box 113, 123 22 Farsta  
Phone 08-50 818 000

## **Skärholmen**

Box 503, 127 26 Skärholmen  
Phone 08-508 24 000

## **Hägersten-Liljeholmen**

Box 490, 129 04 Hägersten  
Phone 08-508 22 000

## **Spånga-Tensta**

Box 4066, 163 04 Spånga  
Phone 08-508 03 000

## **Hässelby-Vällingby**

Box 3424, 165 23 Hässelby  
Phone 08-508 04 000

## **Södermalm**

Göta Ark 200, 118 72 Stockholm  
Phone 08-508 12 000

## **Kungsholmen**

Box 49039, 100 28 Stockholm  
Phone 08-508 08 000

## **Älvsjö**

Box 48, 125 21 Älvsjö  
Phone 08-508 21 000

## **Norrholm**

Box 3128, 103 62 Stockholm  
Phone 08-508 09 000

## **Östermalm**

Box 24156, 104 51 Stockholm  
Phone 08-508 10 000



**STOCKHOLMS STAD**

Phone Äldre Direkt 08-80 65 65, [www.stockholm.se](http://www.stockholm.se)