

14-maj		Bana																
		0	1	2	3	4	5	6	7	8	9							
Måndag	06:00	lekbanor	bröstsimsim	crawl	snabb crawl	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	06:00				
	06:30					Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	06:30			
	07:00					Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	07:00		
	07:30															07:30		
	08:00															08:00		
	08:30															08:30		
	09:00	lekbanor												Dolphins			09:00	
	09:30													Dolphins			09:30	
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	11:00																11:00	
	11:30																11:30	
	12:00															vattenlöpning	vattenlöpning	12:00
	12:30															vattenlöpning	vattenlöpning	12:30
	13:00															13.00-15.35	13.00-15.35	13:00
	13:30															skolsim	skolsim	13:30
	14:00											skolsim	skolsim	skolsim	skolsim	skolsim	14:00	
	14:30											skolsim	skolsim	skolsim	skolsim	skolsim	14:30	
	15:00	Rundsimsim													skolsim	skolsim	15:00	
	15:30														Polisen	Polisen	15:30	
	16:00														Polisen	Polisen	16:00	
16:30											Polisen	Polisen	16:30					
17:00											Polisen	Polisen	17:00					
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20:00										Polisen	Polisen	Polisen	20:00					
20:30										Polisen	Polisen	Polisen	20:30					
21:00										Polisen	Polisen	Polisen	21:00					
21:30										SPIF master	SPIF master	SPIF master	21:30					



16-maj		Bana														
		0	1	2	3	4	5	6	7	8	9					
Onsdag	06:00	lekbanor	bröstsimsim	crawl	snabb crawl	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	06:00		
	06:30					Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	06:30	
	07:00					Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	07:00	
	07:30										Nep vuxen	Nep vuxen			07:30	
	08:00										Nep vuxen	Nep vuxen			08:00	
	08:30													08.30-11.00	08.30-11.00	08:30
	09:00	lekbanor												skolsim	skolsim	09:00
	09:30													skolsim	skolsim	09:30
	10:00													skolsim	skolsim	10:00
	10:30													skolsim	skolsim	10:30
	11:00															11:00
	11:30											Neptun	Neptun			11:30
	12:00	Rundsimsim						vuxen	vuxen			12:00				
	12:30											12:30				
	13:00											13:00				
	13:30											13:30				
	14:00											14:00				
	14:30											14:30				
	15:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	15:00		
	15:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	15:30		
	16:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	16:00		
16:30						Neptun	Neptun	Neptun	Neptun	Neptun	16.30-18.10	16.30-18.10	16:30			
17:00						Neptun	Neptun	Neptun	Neptun	Neptun	e-dal	e-dal	17:00			
17:30						Neptun	Neptun	Neptun	Neptun	Neptun	simskola	simskola	17:30			
18:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	18:00			
18:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	18:30			
19:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	19:00			
19:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	19:30			
20:00						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	20:00			
20:30						Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	Neptun	20:30			
21:00						TT triathlon	TT triathlon	TT triathlon	Apnea	Apnea	Apnea	Apnea	21:00			
21:30						TT triathlon	TT triathlon	TT triathlon	Apnea	Apnea	Apnea	Apnea	21:30			



18-maj		Bana																		
			0	1	2	3	4	5	6	7	8	9								
Fredag	06:00	rundsimsim	bröstsimsim		crawl		snabb crawl	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	06:00				
	06:30							Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	06:30		
	07:00							Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	Nep masters	07:00		
	07:30																		07:30	
	08:00																		08:00	
	08:30																	08.30-09.40	08.30-09.40	08:30
	09:00															Expology	skolsimsim	skolsimsim	09:00	
	09:30															Expology	skolsimsim	skolsimsim	09:30	
	10:00							<p style="text-align: center; font-size: 2em; color: red;">USM Konstsim kl. 12.00-21.00 Rigg från kl. 10.00</p>												10:00
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		Bana												
19-maj		0	1	2	3	4	5	6	7	8	9			
Lördag	07:30	<b>USM Konstsim kl. 7.30-20.00</b>												07:30
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20-maj		Bana											
		0	1	2	3	4	5	6	7	8	9		
Söndag	07:30	<b>USM Konstsim kl. 7.30-16.00</b>											07:30
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	16:30						Dolphins	Dolphins	Dolphins				16:30
	17:00						Dolphins	Dolphins	Dolphins				17:00
	17:30						Dolphins	Dolphins	Dolphins				17:30
	18:00	lek	rundsims	crawl	snabb crawl		SPIF tria.	SPIF tria.	SPIF tria.	SPIF tria.	SPIF tria.		18:00
	18:30					SPIF tria.	SPIF tria.	SPIF tria.	SPIF tria.	SPIF tria.	Hellas	Hellas	18:30
	19:00					SPIF tria.	SPIF tria.	SPIF tria.	SPIF tria.	SPIF tria.	masters	masters	19:00
	19:30					SPIF master	SPIF master	SPIF master	SPIF master	SPIF master	SPIF master		19:30
	20:00					SPIF master	SPIF master	SPIF master	SPIF master	SPIF master	SPIF master		20:00

























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